



## Who is the service for:

- Any person 18+
- Accessing GP or Mental health support in Newham
- Seeking employment support.

## How to refer to our service:

- Speak to a member of staff within the Mental Health team or any other support staff to make a referral
- Self-refer by  
Tel: 020 7510 1081 or
- Email:  
[elft.pcnemploysuprefs@nhs.net](mailto:elft.pcnemploysuprefs@nhs.net)

**Mind in Tower Hamlets & Newham**  
13 Whitethorn Street  
London  
E34DA

**t:** 020 7510 1081

**e:** [ipsnewham@mithn.org.uk](mailto:ipsnewham@mithn.org.uk)

**Twitter:** @MindiTHN

[www.mithn.org.uk](http://www.mithn.org.uk)

Registered charity number: 1006927



## Your Job, Your Future

We are here to support you with any vocational, employment and career support needs

**Tel: 020 7510 1081**

**Email: [elft.pcnemploysuprefs@nhs.net](mailto:elft.pcnemploysuprefs@nhs.net)**





## What we do

The Newham Individual Placement Support (IPS) provides advice, information and support for people with mental health issues living in Newham.

We offer one to one support from a specialist employment advisor, who will help you to develop your career plan and access the job of your choice.

Our Employment Specialists provide a free, individualised and confidential support service focused on supporting you with all Employment related needs.



## What we offer

- One to one support
- Your own allocated Employment Specialist
- Collaborative working with your health care provider
- Rapid job search support
- Engaging with a range of employers on your behalf
- CV Writing incl. advice about how to talk about gaps in CVs and periods of illness
- Interview preparation and skills development support
- Access to accurate benefit advice
- Continue to support you whilst your in employment incl. Career development