



in Tower Hamlets
and Newham

Tower Hamlets Talking Therapies

Clinical Counsellor

Full Time / Part Time (negotiable)

This project is funded until 30th September 2021 with possible extension for a further 2 years

NJC scale point 14-20 (currently £26,004 - £28,837 FTE per annum inclusive of Inner London Weighting). This will be paid pro rata.

Mind in Tower Hamlets and Newham (MITHN) is a charity providing a wide range of services for residents in Tower Hamlets, Newham, Redbridge and Havering including: Talking Therapies, Mental Health Support, Employment support, Advocacy, Advice and Information as well as Recovery and Wellbeing activities.

We currently have an exciting opportunity for a clinical counsellor to join our counselling team in Tower Hamlets. This role will provide counselling as part of Tower Hamlets Talking Therapies delivered in partnership with East London Foundation Trust (ELFT). This service currently provides counselling for those with mild to moderate presentations as well as bereavement counselling and specialist counselling for those from BAMER Communities.

Mind in Tower Hamlets and Newham (MITHN) has a strong track record of delivering high quality counselling services which also includes Bereavement Counselling and Talking Therapies in Newham.

This opportunity would suit a qualified counsellor with experience or looking to gain experience of working within an IAPT setting. We are looking for an enthusiastic person who has experience of/or interest in working with people with more complex presentations (step 2 and 3 under a stepped care model). You will have experience of offering therapeutic interventions to people from diverse communities, with the ability to communicate across language and cultural barriers and adapt the application of psychological models sensitively.

This role requires you to have a strong clinical background with the ability to produce psychological formulations as practice and experience demand. You will have a good understanding of recovery and relevant measures within a clinical setting and also be responsible for managing and maintaining accurate client records and experienced in IAPTus or similar patient database systems.

You must be able to work independently as well manage partnership working due to the nature of this role and delivery arrangements.

There are opportunities for training and benefits including: a company pension and 30 days annual leave, comprehensive E-Learning Programme and access to an Employment Assistance Programme (EAP).

We welcome applications from all sections of the community, in particular those who can provide counselling support in Bengali/Sylheti and Somali.

This post is subject to an enhanced Disclosure and Barring Service Check and proof of right to work in the UK

Closing Date: 5th June 2020 at 17.00

Interviews: 11/12th June 2020

For an application pack please email: recruitment@mithn.org.uk